

The Nook



THE CENTER FOR YOUTH FOOD CUPBOARD

To meet the most basic needs of the young people in our housing programs, The Center for Youth Food Cupboard – The Nook – ensures young people have access to non-perishable foods, hygiene items, and household supplies.

Please consider donating items to The Nook, providing food security to young people. The following items are helpful in stocking the food pantry:

Shelf-stable items like:

- Canned Fruits (any variety)
- Boxed cereals (teen friendly)
- Chunky soups
- Canned corn
- Vienna sausages (*young people love them!*)
- Canned tuna

Pantry essentials:

- Jars of red sauce
- Boxes of pasta (*spaghetti, rigatoni, penne, etc*)
- Boxes of flavored rice
- Pasta Roni
- Ramen Noodles

Treats for young people:

- Granola bars
- Clif Protein bars
- Fruit bars
- Pop Tarts
- Small bags of chips
- Cookies
- Desserts
- Easy Mac cups (*Kraft Macaroni & Cheese*)

Perishable Items:

- 1/2 gallons of milk
- Eggs
- Bread
- Bananas
- Apples

Cleaning Supplies:

- All-purpose cleaner
- Dishsoap
- Laundry Detergent
- Household cleaners
- ...and more!*

Gift Cards like:

- Wegmans
- Wal-Mart
- Target
- Price Rite
- Aldi

You can also donate cash and gift cards. This allows us flexibility in re-stocking The Nook and provides additional resources to young people. To contribute financially to **The Nook**, [click here!](#)

Donation Drop Off:

Please visit us at 905 Monroe Avenue (*use rear parking lot & entrance*)
Monday - Friday 9am-5pm ****Please be sure to complete a donation form!**

visit us online at: www.centerforyouth.net for more information.



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